



ALOA is a nationwide resource to the church that is focused on strengthening ministry by and for older adults.

Our mission is two-fold:

- ▶ help congregations provide more intentional and dynamic ministry by and for older adults
- ▶ encourage older adults to affirm their gifts and use those gifts in service to family, church, community and world

Celebrate, Equip, Serve are Key

We **celebrate** who older adults are as contributing members of congregations and of the world. Our goal is to **equip** them for the second half of life and equip congregations to meet the important challenges of this growing population. Older adults can then, in turn, continue to **serve** as a significant resource to their congregations and communities.



To continue to strengthen older adult ministry in congregations, as well as develop and share projects and resources which have the potential to truly impact the lives of older adults, ALOA needs the support of people like you.

Your gift of \$50, \$100 or more can help this ministry accomplish so much!

Donate online or by mail

Go to aloaserves.org/donate to make a secure online donation with a credit card, or send your contribution by mail using the form below.

Name _____

Address _____

City _____ State _____ Zip _____

Email _____

Congregation _____

I am making my gift

in honor of: _____

in memory of: _____



Adult
Lutherans
Organized
for Action

EncourAGING and
Equipping Congregations
for Older Adult Ministry



Mail to: ALOA, PO Box 4367, Clearwater, FL 33758

ALOA is a registered 501(c)3 charitable organization.



ALOA is a Recognized Service Organization (RSO) of the LCMS and an affiliated Social Ministry Organization of the ELCA.

aloaserves.org

Key Ministry Areas

ALOA encourages and equips congregations for effective ministry by providing practical help in five key ministry areas that affect the lives of older adults.

- ▶ Intergenerational
- ▶ Health and Wellness
- ▶ Independence to Interdependence
- ▶ Caregiving and Caregivers
- ▶ End of Life



By connecting congregations to excellent resources in each of these ministry areas, ALOA provides immediate help for engagement with older adults, both members of a congregation and those in the community who may be unconnected with the church. Our blueprint for older adult ministry walks congregations through the process and possibilities.

Resources

ALOA's website provides valuable resources focused on each of the five areas outlined, as well as others related to older adult ministry. A series of short format videos, some with accompanying Bible studies, provide discussion starters for small group studies.

Visit our website at aloaserves.org

Webinars

ALOA offers free webinars on topics meaningful to older adults and the ministry leaders in the congregations that serve them. These webinars information and links to high quality resources. Past subjects have included:

- Lifelong Health & Wellness
- Supporting Older Adults in the Aging Process
- Congregational Health Ministry
- Quality Care in a Nursing Home setting
- Providing for Adult Children with Disabilities

Webinars are recorded and archived on ALOA's website, along with resource documents.

Events

ALOA sponsors Lutherhostels, SeniorFests and other events that impact the spiritual lives of individuals who attend and those around them.

Ironwood Springs Lutherhostel - a week-long event in southern Minnesota with a central topic featuring , music and worship, fellowship and recreational activities.

SeniorFests - one-day events which address issues related to aging and spirituality. Held in various regions of the country and often organized by local congregational groups, they offer keynote speakers and workshops.



Faith Stories™

ALOA's Faith Stories™ project was developed to help older adults record a video testimony of their faith and life story in order to share it with family, friends and others. Originally conceived as an intergenerational project, with young people recording the videos, it can also be done effectively by a sole individual. ALOA's website has helpful resources to aid in effectively organizing, formatting and sharing a Faith Story, along with video examples.

Want to learn more?

Visit our website at aloaserves.org
or contact us at 800-930-2562

New Programming in 2020

ALOA is excited to announce the development of its Congregational Centers for Vital and Resilient Aging program. Components include an ALOA Older Adult Ministry Toolkit to serve as a guide to congregations in providing intentional ministry. In addition, the program will include congregational consultations to facilitate development of those ministries, and the formation of congregational cohort groups to enable congregations to share experiences and become resources for each other.